

View this email in your  
browser



**Boston  
Children's  
Hospital**  
Until every child is well™

Program for Research Assistant  
Development and Achievement

## PRADA November Newsletter

Please take a look below for our upcoming events, opportunities, and resources!

### UPCOMING EVENTS



#### PRADA Grand Rounds

Thursday, November 12th  
12-1pm  
Zoom link below

Join us for PRADA Grand Rounds on Thursday, November 12 from 12-1pm. We have a terrific lineup of speakers - bring your lunches and learn about fellow RAs/RCs' research!

#### Zoom login:

<https://bostonchildrens.zoom.us/j/97359974661?pwd=ZW1yaER5VWxuQ0QwcEgxWUJlTmptdz09>  
Passcode: PRADA

#### For questions, please contact:

- Seetha Davis - [seetha.davis@childrens.harvard.edu](mailto:seetha.davis@childrens.harvard.edu)

#### Development of a Novel Mouse Model for Hematopoietic Stem Cell Specific Lineage Tracing and Imaging | Qi Yu

Qi Yu is from Shanghai, China, and she came to the United States in 2013 for college. In 2017, she graduated from Brandeis University with a BS and MS degree in Biochemistry. Because of her interest in Stem Cell and Regenerative Biology, shortly after graduation, she joined Dr. Fernando Camargo's lab in the BCH Hematology/Oncology Department as a research assistant. She is currently a research technologist in the Camargo lab working on an independent project studying native state hematopoiesis in mice. She is also the Co-Director for PRADA. During her spare time, she enjoys doing yoga, snowboarding, and bouldering.

#### COVID-19's Impact on Patients with Eating Disorders: The Relationship between Change in Eating Disorder/Mental Health Symptoms and Eating Disorder Motivation to Recover | Julia Vitagliano

Julia Vitagliano is a Clinical Research Assistant in the Division of Adolescent/Young Adult Medicine at Boston Children's Hospital. She graduated from Connecticut College in 2019 with a BA in Psychology, Gender and Women's Studies, and a Public Policy concentration. Under the supervision of Dr. Tracy Richmond, Julia works on the RECOVERY Study, a web-based registry of patients that seeks to understand the longitudinal experience of youth with eating disorders, including their trajectories of illness relative to care. Julia also works with Dr. S. Bryn Austin, Director of the Strategic Training Initiative for the Prevention of Eating Disorders (STRIPED), a public health incubator centered on bringing eating disorders prevention into the mainstream of training for adolescent medicine and public health. Julia is passionate about eating disorders prevention and weight stigma, and hopes to dedicate her career towards eating disorders prevention programs and research in elementary and middle aged students.

#### An Exploratory, Mixed-Methods Study of Parent Attitudes Toward Enhancing Cognition and Clinical Research Trials in Down Syndrome | Maggie Hojlo

Maggie began her role as a Clinical Research Assistant in the Division of Developmental Medicine (DDM) and the Department of Psychiatry after graduating from Colby College in 2017 with a Psychology major and Environmental Studies minor. Within the DDM, Maggie helps coordinate projects in the Down Syndrome Program, including mixed-methods studies about family attitudes and quality of life, a fitness program for teens, and a behavioral intervention for toddlers. In Psychiatry, Maggie has helped create a repository of cerebrospinal fluid (CSF) that will allow researchers to more precisely map pediatric developmental curves, and she also works on studies focused on rare genetic findings and clinical/family outcomes of individuals with Very Early/Early Onset Psychosis, as well as those with Early Onset Major Depressive Disorder and Suicidality. Maggie recently became the new chair of PRADA's Public Health, Community and Advocacy subcommittee.

#### Trauma Exposure and Mental Health Outcomes Among Central American and Mexican Children Held in Immigration Detention at the United States-Mexico Border | Anne Elizabeth Sidamon-Eristoff

Anne Elizabeth received her BA in Spanish and Portuguese with a certificate in neuroscience from Princeton University. In addition, she completed the pre-med course of study and worked as a Research Assistant in the Peña Lab in the Princeton Neuroscience Institute studying early life stress in mouse models. At Children's, she works as a Clinical Research Assistant I in Michelle Bosquet-Enlow's Biobehavioral Research Laboratory on the NIH ECHO (Environmental Influences on Child Health Outcomes) study. She is interested in how early experiences shape neurodevelopment and broader health outcomes. In particular, she is interested in the mechanisms by which early life stress may increase risk for subsequent psychopathology and in identifying factors that promote resilience. Anne Elizabeth hopes to pursue an MD/PhD in cognitive neuroscience so that she may engage in high-impact research on early life adversity that directly benefits future patients.



#### MHM Gratitude Event

Thursday, November 19th  
12-1pm  
[Zoom link to follow](#)

Join Mental Health Monthly on Thursday, November 19th at 12pm for a presentation on gratitude. We will discuss the science behind gratitude, the impacts it can have on our lives, some strategies to employ gratitude, and resources on the subject. After our presentation, we will host a conversation on the merits of gratitude, how we have employed it in our lives, and what keeps us from feeling grateful. Hope to see you there! Zoom info is below.

#### For questions, please contact:

Steph Wall (Stephanie.Wall@childrens.harvard.edu)  
Christopher Zaro (Christopher.Zaro@childrens.harvard.edu)

#### Zoom meeting information:

Join from your computer or mobile device: <https://bostonchildrens.zoom.us/j/94936857184?pwd=NzY5bG9ldTY1b2p6MDRlQk5CajZSUT09>

Password: 845313

Or dial in from your telephone:

Internally: x28882

Externally: 646-558-8656 (Primary)

408-638-0968 (If you are unable to dial into the primary number)

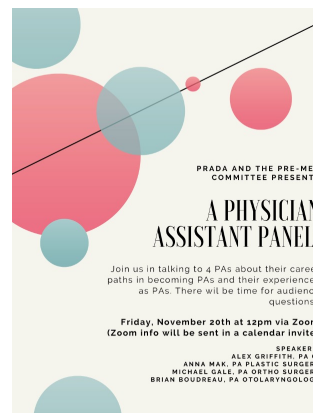
Telephone password: 845313

Or iPhone one-tap:

+16465588656,,94936857184# or +14086380968,,94936857184#

EWS link: <https://zoom.us/jc/94936857184/join>

Meeting ID: 949 3685 7184



#### Pre-Med Event: Physician Assistant Panel

Friday, November 20th  
12pm  
[Zoom link below](#)

Come join us on November 20th at 12pm for our physician assistant panel! The panelists will talk about becoming PAs and their experiences as PAs. There will be time for audience questions as well! We will hear from Alex Griffith (GI), Anna Mak (Plastic Surgery), Michael Gale (Ortho Surgery), and Brian Boudreau (Otolaryngology). The Zoom information for this event is below. Please RSVP to the calendar invite that will be coming soon. We look forward to seeing you there!

#### For questions, please contact:

- Courtney DiFilippo (Courtney.DiFilippo@childrens.harvard.edu)
- Teddy Sheehan (Theodore.Sheehan@childrens.harvard.edu)

#### Zoom meeting information:

Join from your computer or mobile device: <https://bostonchildrens.zoom.us/j/95804942122?pwd=dUZMSUxZDRHZzBqcGFTcmxHbHh0QT09>

Password: 832952

Or dial in from your telephone:

Internally: x28882

Externally: 646-558-8656 (Primary)

408-638-0968 (If you are unable to dial into the primary number)

Telephone password: 832952

Or iPhone one-tap:

+16465588656,,95804942122# or +14086380968,,95804942122#

EWS link: <https://zoom.us/jc/95804942122/join>

Meeting ID: 958 0494 2122



#### PBS Research Talk Series #1: Meet Dr. Jeffrey Winer

Monday, November 23rd  
12-1pm  
[Zoom link to follow](#)

Come meet Dr. Jeffrey Winer, PhD on November 23rd from 12-1 PM and learn more about research and career development in the psychological and behavioral sciences field! Dr. Jeffrey Winer works as an Attending Psychologist in the Refugee Trauma and Resilience Center at Boston Children's Hospital and is an Instructor in Psychology in the Department of Psychiatry at Harvard Medical School. Please join us in learning more about Dr. Winer's work and for a Q&A session regarding Dr. Winer's educational path and any other questions you might have for him or us!

#### For questions, please contact:

- [pbs.prada@gmail.com](mailto:pbs.prada@gmail.com)
- Juliana Mendonca (co-chair): [juliana.mendonca@childrens.harvard.edu](mailto:juliana.mendonca@childrens.harvard.edu)
- Natalie Cuccia (co-chair): [natalie.cuccia@childrens.harvard.edu](mailto:natalie.cuccia@childrens.harvard.edu)



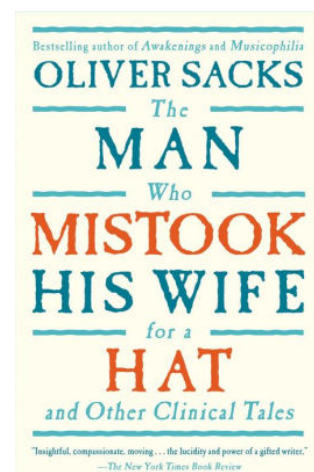
#### **PHCA Event: Climate Change as a Social Determinant of Health**

*Tentative date: late November/early December  
Zoom invite to follow*

PHCA will be hosting the co-authors of the recently published article [Climate Change as a Social Determinant of Health](#)! Join us to learn more about social determinants of health (SDOH), climate change, and next steps for those in the pediatric care community.

#### **Questions or want to get involved with PHCA? Contact:**

- Margaret Hojlo  
([margaret.hojlo@childrens.harvard.edu](mailto:margaret.hojlo@childrens.harvard.edu))



#### **Monthly Book Club Meeting: November 2020**

*Wednesday, November 25th  
12-1pm  
Zoom invite to follow*

Our next monthly meeting will be on Wednesday November 25th at 12PM-1PM. We will be discussing *The Man Who Mistook His Wife for a Hat* by Oliver Sacks. Zoom information and outlook invite will be sent out as we approach this date!

#### **For questions, please contact:**

- Raquel Ferreira  
([Raquel.Ferreira@childrens.harvard.edu](mailto:Raquel.Ferreira@childrens.harvard.edu))
- Sarah Lee ([Sarah.Lee@childrens.harvard.edu](mailto:Sarah.Lee@childrens.harvard.edu))



#### **PRADA Presents: Public Speaking and Presentation Skills Webinar**

*Tuesday, December 8th  
12-1pm  
Zoom Webinar ID: 918 3640 2228; Passcode: 237156*

Are you interested in learning and improving your public speaking skills when communicating with a scientific audience? From lab meetings to poster presentations, and from job and school interviews to scientific talks, BCH professional communication specialists will share their advice and tips on how to improve your communication skills and how to give captivating presentations. This webinar will include a presentation from the panelists and followed by general and audience Q&As.

If you have any questions, please reach out to Qi Yu ([qi.yu@childrens.harvard.edu](mailto:qi.yu@childrens.harvard.edu)).

## **LEADERSHIP OPPORTUNITIES**

#### **Open PRADA Executive Board Position: Communications Co-chair**

Are you interested in joining the PRADA Executive Board? The Communications subcommittee of PRADA aims to ensure that members have access to up-to-date information regarding relevant events, activities, and opportunities that fits the mission of PRADA.

Please reach out to Katy Doughty (Katy.Doughty@childrens.harvard.edu) if you're interested.

---

**Open PRADA Executive Board Position: Community Service Chair**

PRADA is looking for a chairperson for a new Community Service Committee! Please reach out to Rebecca Spiegel (Rebecca.Spigel@childrens.harvard.edu) or Qi Yu (Qi.Yu@childrens.harvard.edu) if you're interested.

## VOLUNTEER OPPORTUNITIES

**Volunteer Opportunity Resource: Get Us PPE**

Get Us PPE provides donated PPE at no cost to frontline workers and under-resourced communities with a sense of urgency and a focus on equity. Interested in volunteering? Visit [getusppe.org/](http://getusppe.org/)



**Our Facebook Group**

PRADA Communications is proud to see members engaging with our Facebook Group! Our group is the best place to post opportunities, connect with other members, and reap all the benefits of our community. Plus, we get to see your lovely faces! Check out our Facebook page by clicking on the icon above and send us a request to join!

**About Us**

PRADA is a supportive, inclusive learning community for research assistants, coordinators, and other young professionals at Boston Children's Hospital.

[Contact us](#)



**Leaving BCH? Take Our**

**Alumni Survey**

As you move on to exciting new opportunities, we would love to stay in touch! Help us extend our alumni network by filling out our survey using this [survey](#)

Click to [edit Email Preferences](#) or [Unsubscribe](#) from this list.

Boston Children's Hospital  
300 Longwood Ave  
Boston, MA 02115 - United States  
Telephone: 6179192979

**verticalresponse**  
A DELUXE COMPANY