

## Welcome to the Autism Spectrum Center at Boston Children's Hospital

Thank you for your interest in the Autism Spectrum Center (ASC). We provide:

- · Comprehensive, family-centered diagnostic and care services for children with autism spectrum disorder
- Initial appointment may be with one of the following providers:
  - Developmental Pediatrician
  - Neurologist
  - Nurse Practitioner
  - Psychologist
- Resource Specialists: dedicated staff who provide outreach and education

The below steps will need to be completed prior to adding your child to the waitlist:

1. Complete and return all attached forms to our office by mail, email or fax. Please do not send your original forms. We encourage you to make copies of all information for your records.

Mail: Boston Children's Hospital

Autism Spectrum Center BCH3433

Attn.: Intake Coordinators 300 Longwood Avenue Boston, MA 02115

Email: AutismCenter@childrens.harvard.edu

Fax: 617-730-4823

- 2. Please include copies of any recent documents from early intervention, school or outside providers such as:
  - > IFSP (Individualized Family Service Plan-report from early intervention services)
  - ➤ IEP (Individualized Education Program)/504 Accommodation Plan
  - School district based CORE/TEAM evaluations (educational testing, psychological testing, OT, PT, and/or speech and language evaluations).
  - Any **private or clinic-based testing** (psychological testing, neuropsychological evaluation, OT, PT and/or speech and language evaluations).
- 3. Once all of this information has been received, we will call to confirm and provide an estimate of your current wait time for your initial visit.

The Autism Spectrum Center does not provide evaluations for child abuse and neglect, custody determination, immediate suicidality, IQ testing for gifted placement, or assessment for acute psychiatric conditions. If you need any of the above services, please let us know and we can direct you to an appropriate provider.

If you need further information or have any additional questions, please feel free to contact the Center by phone at 617-355-7493 or by email at AutismCenter@childrens.harvard.edu. You can also visit our website: www.bostonchildrens.org/autismspectrumcenter

## Family Education Sheet

# Preparing for a Medical Appointment or Autism Spectrum Disorder (ASD) Evaluation



childrenshospital.org/ autismspectrumcenter

Whether you are coming to Boston Children's Hospital for an outpatient appointment, evaluation, a surgical procedure or an emergency visit, there are steps you can take to create a more positive experience for your child.

## What should I bring?

## Communication systems and devices

- Bring your child's communication system or device (for example: Dynavox, picture communication board, or iPad/tablet) to the appointment.
  - Even if your child can speak, the stress of a hospital visit can make it hard to communicate.
     Having these systems with you helps to make sure that your child can communicate with their medical team.

#### Distraction tools

Distraction items can help your child cope with a medical appointment.

- Bring a favorite toy, sensory item, book or electronic device (iPad or tablet)
- Bring a set of headphones. Headphones may be good for your child to wear if you are going to talk about sensitive issues with the health care provider.

#### Rewards or reinforcers

• Bring items that you often use as rewards for your child in your home. For example, if your child struggles with blood draws, it can be helpful to say "First blood draw, then a sticker."

#### Comfort items

If your child has favorite stuffed animal, blanket, or object, you can bring it. It may help to make the visit or stay more comfortable.

## How can I prepare my child?

#### My Hospital Stories

 These are visual tools that give your child a sense of what may happen, what the hospital area may look like and what to expect. You can find My Hospital Stories here:
 http://www.childrenshospital.org/patient-resources/family-resources/child-life-specialists/preparing-your-child-and-family-for-avisit/my-hospital-story.

#### Medication

Please give your child their medication as you normally would unless you are told otherwise by your provider's team.

#### Behavior support plan

- If your child often has a hard time with medical visits, you can work with our team to develop a behavior support plan. Call the Autism Spectrum Center at 617-355-7493 for help creating this plan.
- This plan will alert staff to your child's unique needs and preferences, including help with getting to a clinic, limiting the number of people in the room or providing distraction tools.

#### Child Life specialists

- Child Life Specialists use developmentally appropriate strategies and play to help support your child through medical procedures. The Autism Spectrum Center's Child Life Specialist can work with you to plan ahead for your visits, prepare for appointments and provide support on the day of the appointment.
- For more information, contact the Autism Spectrum Center's Child Life Specialist at 617-919-6390 or by e-mail at kristin.coffey@childrens.harvard.edu.

## How can I prepare?

- Write down your questions and concerns before the visit to share with your child's provider.
- Give yourself more time than you think you need to get to the appointment.
- Ask for help if your child is having a difficult time many departments or areas are able to offer accommodations.
- If possible, bring someone with you for support

This Family Education Sheet is available in Spanish.

#### **Insurance Information**

Please fill out the below form with accurate information regarding your child's insurance plan(s). This information can be found on the insurance card, or by contacting your insurance company's member service number.

Most insurance companies require prior authorization for neuropsychological or psychological testing and/or mental health visits. Prior authorization is not a guarantee of payment coverage. Many insurers contract with a specific "carve-out" company to administer behavioral/mental health benefits and claims. If your insurer has such a "carve-out," the process for coverage determination and prior approval may be different from those processes used for your medical insurance benefits.

Please call your insurance company to inquire about coverage/benefits under your plan and your required out-of-pocket payments. Coverage policies for individual carriers differ greatly and change frequently.

Parent Name:		
Primary Insurance Carrier:		
Group name & number (if applicable):		
Patient name:		
Date of birth:		
Child's identification number:		
Effective from	to	(mm/dd/yyyy)
Subscriber's name & date of birth:		
Subscriber's address (if different than child's address):		
*Important* Member service phone number for mental		
health benefits (usually located on back of insurance card): _		
Secondary Insurance Carrier (if applicable):		
Patient name:		
Date of birth:		
Child's identification number:		
Effective from		
Subscriber's name & date of birth:		
Subscriber's address (if different than child's address):		
*Important* Member service phone number for mental		
health benefits (usually located on back of insurance card): _		
Your signature below indicates that you have been advised associated with the visit.	d that you may be i	responsible for paying all charges
I acknowledge that is any of the above referenced items or insurance company or is a non-covered service, I am finan denied. If I am denied insurance coverage for any service,	icially responsible f	or the full amount should the claim be
Guarantor Name:		
Parent/Guarantor Signature:		Date:



## A. GENERAL INFORMATION

Child's Name: <u>*Last</u>	*First
*Date of Birth:	*Gender: <b>☐M ☐F ☐Other</b>
Current Grade & School Name (if application)	able):
*Person completing questionnaire:	
URGENT CONCERNS	
Please CHECK any applicable boxes if your MEDICAL:  Seizures  Loss of skills/developmental regression  Loss of hearing  Loss of vision  Difficulty swallowing or choking  Severe weakness or lack of coordinate Inability to tolerate exercise  Severe headache  Other (please describe):	Please explain:
urgent attention, if your child has any of the waiting for your appointment.	ectrum Center has a waiting list. Because some problems need more ne above problems, please also contact your pediatrician while you are answered by this evaluation (*at least one REQUIRED)
2.	
3.	
4	
Who referred your child to the Autism Spectrum Center? (If a provider, please list name and specialty)	
Patient's Primary Care Provider (i.e. pediatrician, nurse practitioner):	
Date of last physical exam:	
Has your child been seen in the	☐ Y ☐ N If yes, when?
Autism Spectrum Center before?	Was this for: ☐ a team visit ☐ an appointment with a single provider
*What languages are spoken in the home?	
*Where does the child live?	at home away from home at residential facility or school
*Does your child require an interpreter to do the testing?	□ Y □ N
*Does the parent/guardian require an interpreter for the visit?	□Y□N

Email Address:

Occupation:

DCF (formerly DSS) in	ng apply to this			
, , ,	DDS (formerly DMR) involvement			
Lives in residential faci				
Lives in residential faci	пту			
B. CONTACT	/ DEMOGRAPI	HIC INFORMATION		
*Parent/Caregiver 1 ir	nformation			
Full Name:	Last		First	
Relationship to child:				
Home Street Address:				
	City:	State:	Zip:	
Telephone (check preferred number):	home	work	mobile	
Email Address:				
Occupation:				
Are you the legal guard	dian of the child?	☐ Y ☐ N Do you have	physical custody of child?	□Y□N
Parent/Caregiver 2 in	formation			
Full Name:	Last		First	
Relationship to child:				
Home Street Address:				
	City:	State:	Zip:	
Telephone (check preferred number):	home	work	mobile	
Email Address:				
Email Address: Occupation:				
	dian of the child?	☐ Y ☐ N Do you have	physical custody of child?	□Y□N
Occupation:	dian of the child?	☐ Y ☐ N Do you have	physical custody of child?	□Y□N
Occupation: Are you the legal guard Legal Guardian inform			physical custody of child?	☐ Y ☐ N
Occupation: Are you the legal guard			physical custody of child?	☐ Y ☐ N
Occupation: Are you the legal guard Legal Guardian inform	mation (if differer			□ Y □ N
Occupation: Are you the legal guard  Legal Guardian inform Full Name:	mation (if differer			☐ Y ☐ N
Occupation: Are you the legal guard  Legal Guardian inform Full Name: Relationship to child:	mation (if differer		First	☐ Y ☐ N

Are you the legal guardian of the child?  $\square$  Y  $\square$  N Do you have physical custody of child?  $\square$  Y  $\square$  N

ASC Intake Questionnaire Child's Name:

## C. SERVICES

## CHECK if any of the following have previously or currently applies to your child

Check here if your child is not yet in child care or so	chool, and skip this table			
Early Intervention	Y, in the past Y, current	□N		
Individualized Family Service Plan (IFSP)	☐ Y, in the past ☐ Y, current	□ N		
School (TEAM, CORE) evaluation  If yes, when?	Y, in the past Y, current	□N		
Has/does your child have an Individualized Education P If yes, date?	lan (IEP)? Y, in the past Y, current	□N		
504 Plan  If yes, date?	☐ Y, in the past ☐ Y, current	N		
Attends a special needs daycare/preschool	☐ Y, in the past ☐ Y, current	□ N		
Receiving Speech Occupational Physical therapy	Y, in the past Y, current	Z		
Participates in Summer School or Extended School Year services	r (ESY) Y, in the past Y, current	□N		
Psychological testing?  If yes, date?	Y, in the past Y, current	□N		
Mental health counseling or behavioral therapy?  If yes, date?	Y, in the past Y, current	□N		
School disciplinary actions, including detention, suspense expulsion?  If yes, specify & date?	sion or ☐ Y, in the past ☐ Y, current	Я		
Stay in psychiatric hospital	☐ Y, in the past ☐ Y, current	□ N		
**Please submit copies of the most recent Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP), and results of any previous academic, psychological, or school testing from the past 3 years.  This information may be necessary for the Autism Spectrum Center to get authorization from your insurance company.  D. CONCERNS YOU HAVE ABOUT YOUR CHILD'S DEVELOPMENT OR BEHAVIORS				
*Please check <b>any concerns you have</b> about your concerns you have about your concerns and Autism Spectrum Disorder	disability (formerly			
(Asperger's, Autism, PDD) mental reta ☐ Attention problems (ADHD, ☐ Speech/lan	rdation)			

## E. CHILD'S MEDICAL HISTORY

Check if child's entire medical history is unknown – and answer as you are able.			
Please check any conditions your child has been diag	nosed with:		
Developmental Problems:  Speech delay Developmental Delay Behavior problems Autism Attention problems (ADD/ADHD) Learning problems	Mental Health Problems:  ☐ Anxiety ☐ Obsessive Compulsive Disorder ☐ Mood Disorder (Depression, Bipolar, Suicide thoughts or attempts) ☐ Psychosis or Schizophrenia ☐ Child has had a stay in a psychiatric hospital *If yes, when/where?		
Neurological Problems:	Genetic Disorders:		
☐ Cerebral Palsy ☐ Tics or Tourette ☐ Moto	d injury r delays daches  Down Syndrome/trisomy 21 Other chromosomal abnormalities Metabolic disorder		
General Medical Problems:  Heart disease Heart murmur Congenital heart problem Overweight/Obesity Growth problems Underweight/Failure to thrive Allergies  Diabetes Thyroid Kidney/urinary p Cancer Gastrointestinal (vomiting, feedir	problems		
Allergies problems, abdoing pain, reflux, condition diarrhea)			
Has the child ever had any of the following screen	ning/ If yes, when, where, and results?		
diagnostic tests or procedures?	(Please send in copies of results if available)		
<u> </u>	n't know		
	n't know		
	ı't know		
· , , — — — — — — — — — — — — — — — — —	n't know		
<u> </u>	n't know		
Vision test	ı't know		
*Review of Systems			
General/constitutional: Significant behavioral changes Significant weight loss or gain Weakness or fatigue Fever or chills	Allergy:  Itchy or watery eyes Itchy or runny nose, sneezing Hives Needed to use Epi-Pen		
Gastrointestinal:  Changes in appetite Abdominal pain or discomfort Constipation Diarrhea Bloating, indigestion Nausea, vomiting Change in bowel habits (number/consistency) Blood in stool Jaundice (yellow skin or eyes), itching	Neurological:  Headaches Dizziness, vertigo Weakness Numbness, tingling Seizures, convulsions Head injuries, concussions Trouble walking Tremor, unusual motor movement (tics) Problems with coordination Problems with concentration, memory		

ASC Intake Questionnaire Child's Name: \*Review of Systems (continued) Heart: Lungs: ☐ Chest pain or pressure Cough Shortness of breath, wheezing Heart racing, skipped beats Recent chest X-ray Ankle swelling, cold/blue hands, feet Fainting, fatigue with exercise Eyes, Ears, Nose, Throat: Bones, joints, and muscles: Sore throats Joint pain, stiffness, swelling ☐ Ear infections Fingers painful/blue in cold Dry mouth, red eyes Sinus infections Loud snoring, irregular breathing during sleep Back, neck pain Problems with eyes/vision ☐ Muscle problems Problems with ears/hearing Fractures, broken bones Sprains **Endocrine: Genitourinary:** Sweating Nighttime bedwetting Fatigue Daytime urine accidents ☐ Hand trembling Pain with urination □ Neck swelling Frequent urination Skin, hair, voice changes Blood in urine ☐ Thirst Genital rashes or lumps ☐ Growth difficulties Heavy or painful menses (periods) Skin: **Hematologic:** Bruise easily, difficulty stopping bleeding Rashes Lumps under arms or on neck Changes in mole or spot □ Needed stitches F. CHILD'S BIRTH HISTORY Check if birth history is unknown Age of mother at delivery: Age of father at delivery: Number of previous pregnancies (including miscarriages or terminations): During pregnancy, did the mother: Take prenatal vitamins  $\prod Y$ Use tobacco If yes: how much?  $\neg$  $\square$  N Drink alcohol  $\square$  Y  $\square$  N If yes: how much? If yes: what drug(s) or medication(s), and during which trimester(s): Take drugs or  $\square$  Y  $\square$  N medications Weight: Height: Head Circumference: Birth Measurements: APGAR score (if known): 1 minute: 5 minute:

#### G. CHILD'S DEVELOPMENTAL HISTORY

As best as you can remember, list the age or check off the approximate time at which your child reached the following developmental milestones.

			Only if exact age cannot be recalled			
Developmental Skill	Age (if known)	Not yet	Early	At Normal Time	Late	
Sat without support						
Crawled						
Stood without support						
Walked without assistance						
Spoke first words						
Said phrases						
Said sentences						
Bowel trained						
Bladder trained, day						
Bladder trained, night						

<sup>\*\*</sup>Please submit copies of the most recent Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP), and results of any previous academic, psychological, or school testing from the past 3 years. This information may be necessary for the Autism Spectrum Center to get authorization from your insurance company.

PLEASE FEEL FREE TO ATTACH ANY ADDITIONAL INFORMATION THAT YOU THINK MIGHT HELP US BETTER UNDERSTAND YOUR CHILD.

*Parent/Guardian Signature	*Print Name	*Date	
*Relationship to patient			



## **EARLY CHILDHOOD SCREENING ASSESSMENT:**

Check the column that best describes this child compared to other children the same age. For each item, please check if you are concerned

pie	ase check if you are concerned.			••	
		Rarely/ Not True	Sometimes/ Sort of	Almost always/ Very True	Concerned?
1.	Seems sad, cries a lot				
2.	Is difficult to comfort when hurt or distressed				
3.	Loses temper too much				
4.	Avoids situations that remind him/her of scary events				
5.	Is easily distracted				
6.	Hurts others on purpose (e.g., biting, hitting, kicking)				
7.	Doesn't seem to listen to adults talking to him/her				
8.	Battles over food and eating				
9.	Is irritable, easily annoyed				
10.	Argues with adults				
11.	Breaks things during tantrums				
12.	Is easily startled or scared				
13.	Tries to annoy people				
14.	Has trouble interacting with other children				
15.	Fidgets, can't sit quietly				
16.	Is clingy, doesn't want to separate from parent				
17.	Is very scared of certain things (e.g., needles, insects)				
18.	Seems nervous or worries a lot				
19.	Blames other people for mistakes				
20.	Sometimes freezes or looks very still when scared				
21.	Avoids foods that specific feelings or tastes				
22.	Is too interested in sexual play or body parts				
23.	Runs around in settings when should sit still				
24.	Has a hard time paying attention to tasks or activities				
25.	Interrupts frequently				
26.	Is always "on the go"				
27.	Reacts too emotionally to small things				
28.	Is very disobedient				
29.	Has more picky eating than usual				
30.	Has unusual repetitive behaviors (e.g., rocking, flapping)				
31.	Might wander off if not supervised				
32.	Has a hard time falling asleep or staying asleep				
33.	Doesn't seem to have much fun				
34.	Is too friendly with strangers				
35.	Has more trouble talking or learning to talk than others				
36.	Is learning or developing more slowly than other children				
	you concerned about this child's emotional or navioral development (please only circle one)?	☐ Yes	Sor	newhat	□No

Please tell us how much of a problem each one has	been for you. F	or each item,	please check if yo	u are
concerned.				

concerned.				
	Rarely/ Not True	Sometimes/ Sort of	Almost always/ Very True	Concerned?
I feel too stressed to enjoy my child				
I get more frustrated than I want to with my child's behavior				
I feel down, depressed, or hopeless				
I feel little interest or pleasure in doing things				
Please summarize this child's OVERALL FUNCTIONING (i.e., emotionally, behaviorally, socially, academically, etc.) by choosing ONE option below. Compare this child's functioning in child care/school and with				

peers to "average children" his/her age that you are familiar with from your experience. Please circle only one number.

Excellent functioning/No impairment in settings
Good functioning /Rarely shows impairment in settings
Mild difficulty in functioning/Sometimes shows impairment in settings
Moderate difficulty in functioning/Usually shows impairment in settings
Severe difficulties in functioning/Most of the time shows impairment in settings
Needs considerable supervision in all settings to prevent from hurting self or others
Needs 24-hour <u>professional</u> care and supervision due to severe behavior or gross impairment(s)

Have there been any other recent changes in your child's physical, emotional, psychological, or behavioral health that you are concerned about? Please describe:

*Parent/Guardian Signature	*Print Name	*Date
*Relationship to patient		



## **Early Childhood Educational Questionnaire**

Child's Name: *Last	*First
*Date of Birth:	*Gender: <b>□M □F □Other</b>
Child' classroom/age level:	
Mail: Boston Children's Hospital, Autism Spectrur	are and/or school personnel fill out and return. In Center BCH3433, 300 Longwood Ave., Boston, MA 02115 Tens.harvard.edu Fax: 617-730-4823
El Program/Child Care/School:	
El/Child Care/School address:	
Form completed by:	Position:
With help from:	
Contact Person:	
Phone number and best time to call:	
Email address	
meet this child's developmental and educational nee	
1	
2	
3	
In your opinion, what areas of this child's function	oning need the most improvement?
Please describe this child's strengths.	
Please describe any other concerns you have ab	oout this child.

Child's	Name:
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Besides English, are there any additional languages used for this child's instruction?	□Y□N
If yes, what language?	

## ACADEMIC READINESS: Please check the appropriate column

		Not Yet	Progressing	Proficient
Α.	. Basic Concepts			
	1. Knows colors			
	2. Knows letters of alphabet			
	3. Knows numbers and counts past 10			
	4. Adds and subtracts things			
	5. Size concepts			
	6. Location concepts			
В.	. Language and Communication			
	Uses speech to communicate			
	2. Explains and describes things			
	3. Rhymes words and remembers poems/songs			
	4. Uses uncommon words			
	5. Uses long sentences			
	6. Tells or retells stories or events			
	7. Speaks understandably			
	8. Follows oral instructions on level with peers			
	9. Uses correct grammar (e.g. verb tense)			
	10. Uses sign language or other communication system			
	11. Follows classroom routine			
C.	. Emergent Literacy			
	Listens to stories in books			
	2. Asks questions about words			
	3. Reads words on signs and labels			
	4. Reads words in books			
	5. Recites books from memory			
	6. Reads "easy" books			
	7. Writes or copies words			
	8. Dictates stories			
	9. Writes "little" stories			
	10. Answers questions about orally read story			
D.	. Motor Skills			
	<ol> <li>Constructs puzzles or builds things</li> </ol>			
	2. Uses pencils and pens correctly			
	3. Uses scissors well			
	4. Copies and traces shapes			
	5. Draws recognizable objects			
	6. Is coordinated in outdoor recess activities			
	7. Ties shoe laces			

## **EARLY CHILDHOOD SCREENING ASSESSMENT:**

Please check the column that best describes this child compared to other children the same age. For each

item, please check if you are concerned.

	n, piedse check if you are concerned.	Rarely/	Sometimes/	Almost	
		Not True	Sort of	always/ Very True	Concerned?
1.	Seems sad, cries a lot				
2.	Is difficult to comfort when hurt or distressed				
3.	Loses temper too much				
4.	Avoids situations that remind him/her of scary events				
5.	Is easily distracted				
6.	Hurts others on purpose (e.g., biting, hitting, kicking)				
7.	Doesn't seem to listen to adults talking to him/her				
8.	Battles over food and eating				
9.	Is irritable, easily annoyed				
10.	Argues with adults				
11.	Breaks things during tantrums				
12.	Is easily startled or scared				
13.	Tries to annoy people				
14.	Has trouble interacting with other children				
15.	Fidgets, can't sit quietly				
16.	Is clingy, doesn't want to separate from parent				
17.	Is very scared of certain things (e.g., needles, insects)				
18.	Seems nervous or worries a lot				
19.	Blames other people for mistakes				
20.	Sometimes freezes or looks very still when scared				
21.	Avoids foods with specific textures or tastes				
22.	Is too interested in sexual play or body parts				
23.	Runs around in settings when should sit still				
24.	Has a hard time paying attention to tasks or activities				
25.	Interrupts frequently				
26.	Is always "on the go"				
27.	Reacts too emotionally to small things				
28.	Is very disobedient				
29.	Has more picky eating than usual				
30.	Has unusual repetitive behaviors (e.g., rocking, flapping)				
31.	Might wander off if not supervised				
32.	Has a hard time falling asleep or staying asleep				
33.	Doesn't seem to have much fun				
34.	Is too friendly with strangers				
35.	Has more trouble talking or learning to talk than others				
36.	Is learning or developing more slowly than other children				
	you concerned about this child's emotional or navioral development (please only circle one)?	☐ Yes	s 🗌 So	mewhat	□No

\*El Specialist/Teacher Signature

Please summarize this child's OVERALL FUNCTIONING (i.e., emotionally, behaviorally, socially, academically, etc.) by choosing ONE option below. Compare this child's functioning in child care/school and with peers to "average children" his/her age that you are familiar with from your experience.
Please circle only one number.  Excellent functioning/No impairment in settings
Good functioning /Rarely shows impairment in settings
Mild difficulty in functioning/Sometimes shows impairment in settings  Moderate difficulty in functioning/Usually shows impairment in settings
Severe difficulties in functioning/Most of the time shows impairment in settings
Needs considerable supervision in all settings to prevent from hurting self or others
Needs 24-hour <u>professional</u> care and supervision due to severe behavior or gross impairment(s)
Please describe this child's social-emotional functioning, including moods and relationship with peers.
Please describe this child's behavior.
Is there any other information you think would be helpful for evaluating this child?

\*Print Name

\*Date