

# Urodynamics Study

For girls

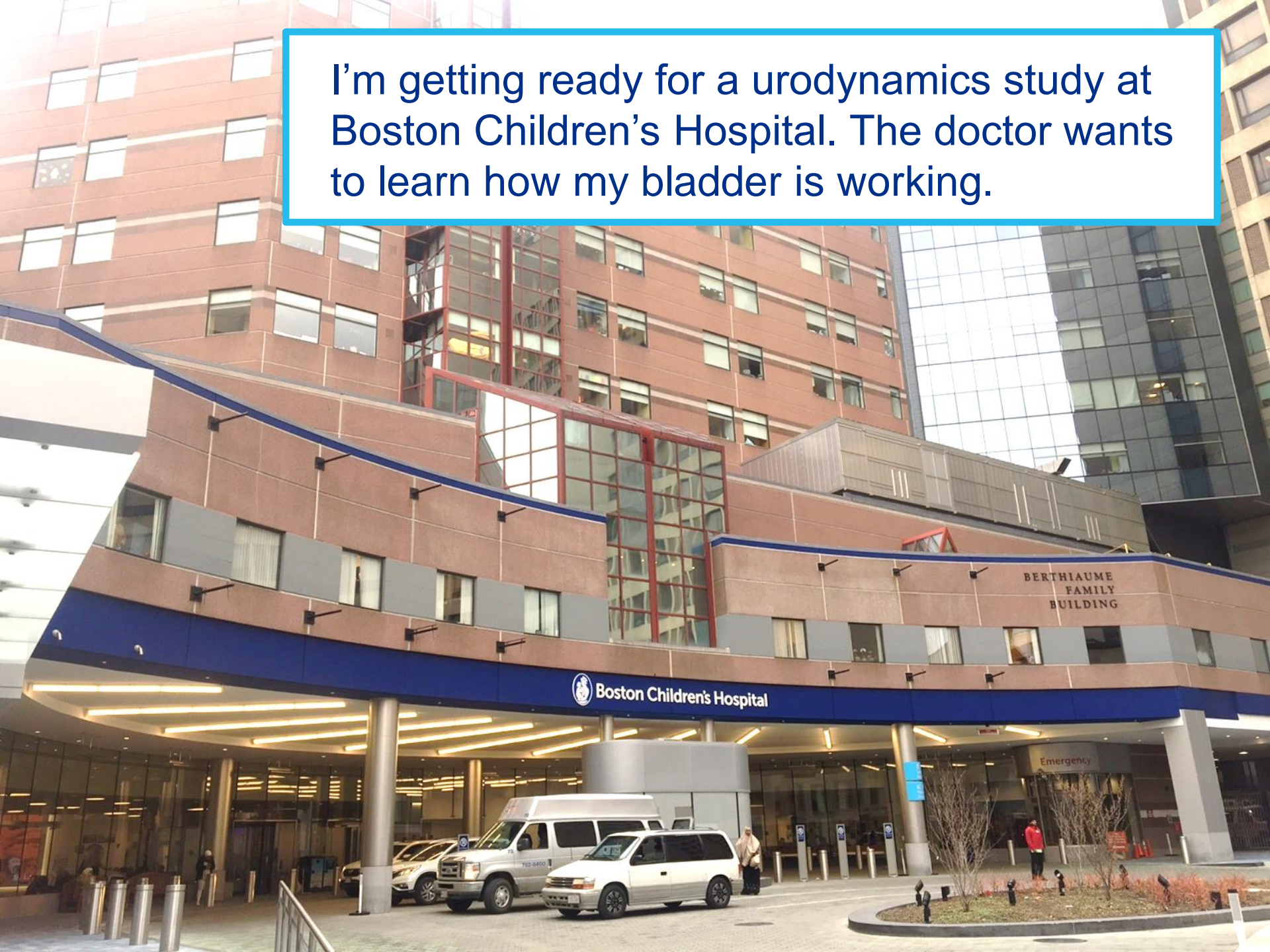
My Hospital Story



**Boston Children's Hospital**

December 2022

I'm getting ready for a urodynamics study at Boston Children's Hospital. The doctor wants to learn how my bladder is working.







When we get to the hospital, we'll walk into the lobby and take the Fegan elevator to the 2nd floor.



We'll walk to the front desk and stand very still while my parent says that we have arrived.



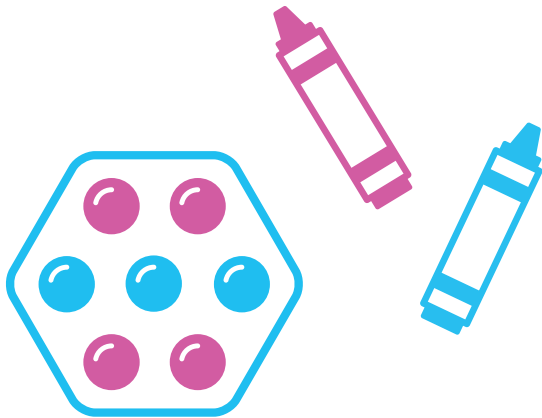




Next, I will sit  
in a chair and  
wait until my  
name is called.



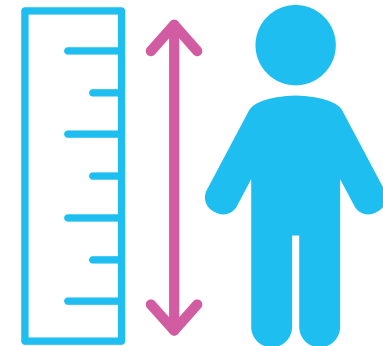
I might wait for a short time. Or I might wait for a long time. I can play quietly with a toy while I wait.







When it's my turn, a clinical assistant will say my name. My parent and I will walk to a new room to see how tall I am. I'll stand with my back against the wall and my eyes looking forward. A ruler will gently touch the top of my head.



Next, I will stand on the scale to see how much I weigh.

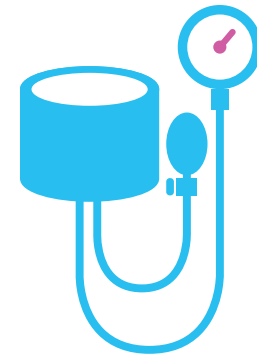






I will have my blood pressure checked. The clinical assistant will place a piece of cloth around my arm.

The cloth will feel tight, but that's OK.





I might be able to pick a movie to watch.



Now it's time to go to a new room. I'll walk down the hall with the clinical assistant and my parent.



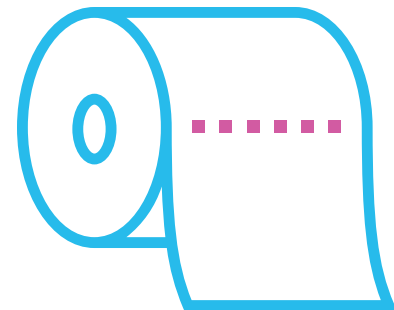
Next, I'll meet a nurse. The nurse will ask my parent some questions. I can sit quietly and play with a toy.







The nurse might ask me to pee in the bathroom. The toilet might look different, but that's OK.



The nurse will  
talk to my parent.

I can play quietly  
while I wait.







The nurse will have me lie down on the bed and will put blankets on my legs. The blankets might feel warm.



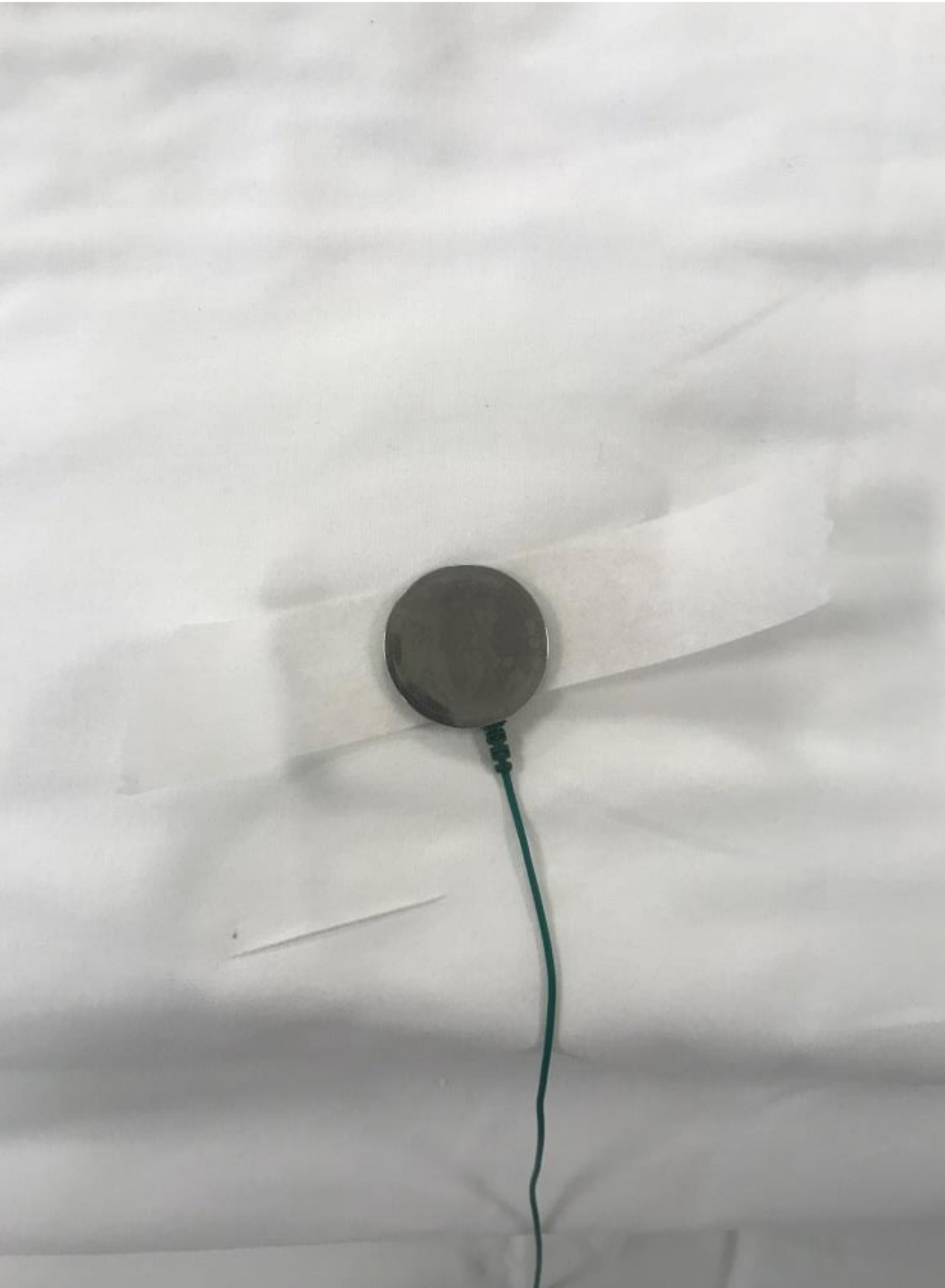
Then, the nurse might turn the lights off. They'll use a special light to learn more about my bladder. I can remember to keep my body still.



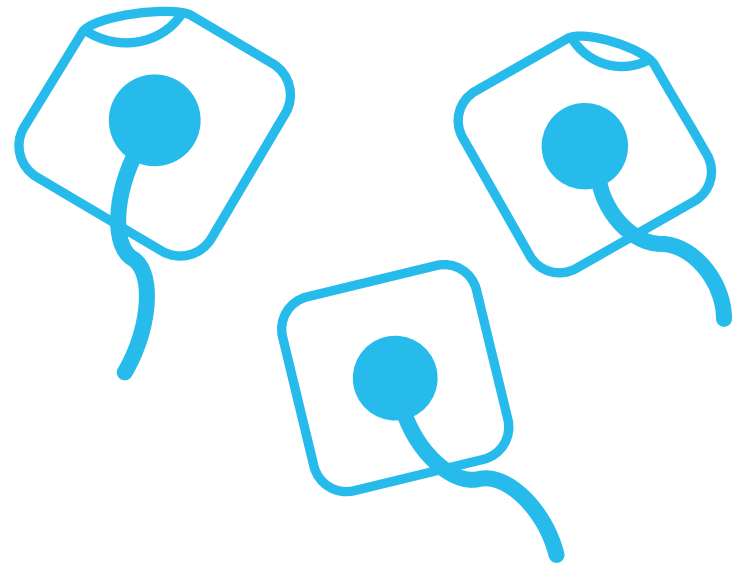


I can watch a movie, listen to music or hold my parent's hand during my bladder test.

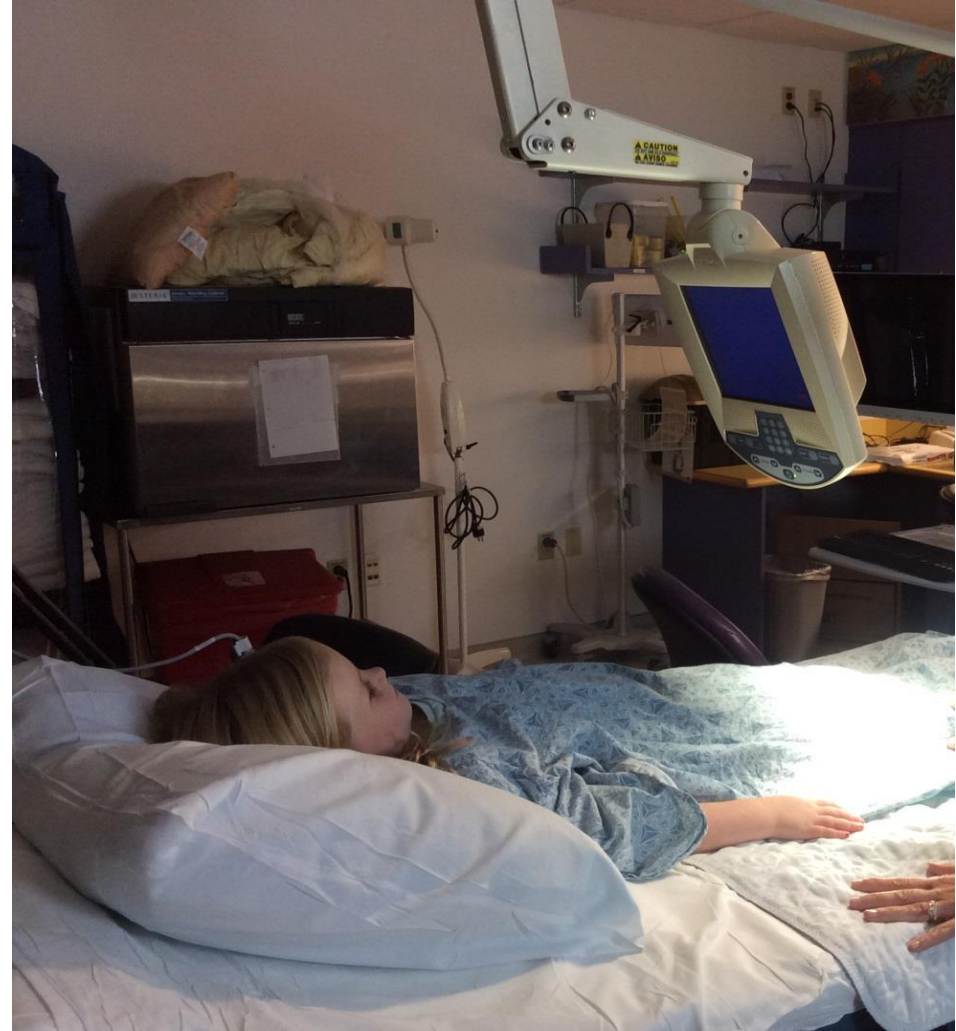




The nurse  
might put small  
stickers on my  
knees or hips.



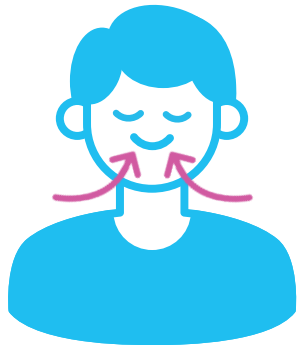




The nurse will rest a small soft tube in my bum. I can remember to take a deep breath to help feel calm. This will be very quick.

The nurse will rest a soft tube where my pee comes out. This might make me feel like I need to pee, but that's OK.

I can take a deep breath and hold my parent's hand.



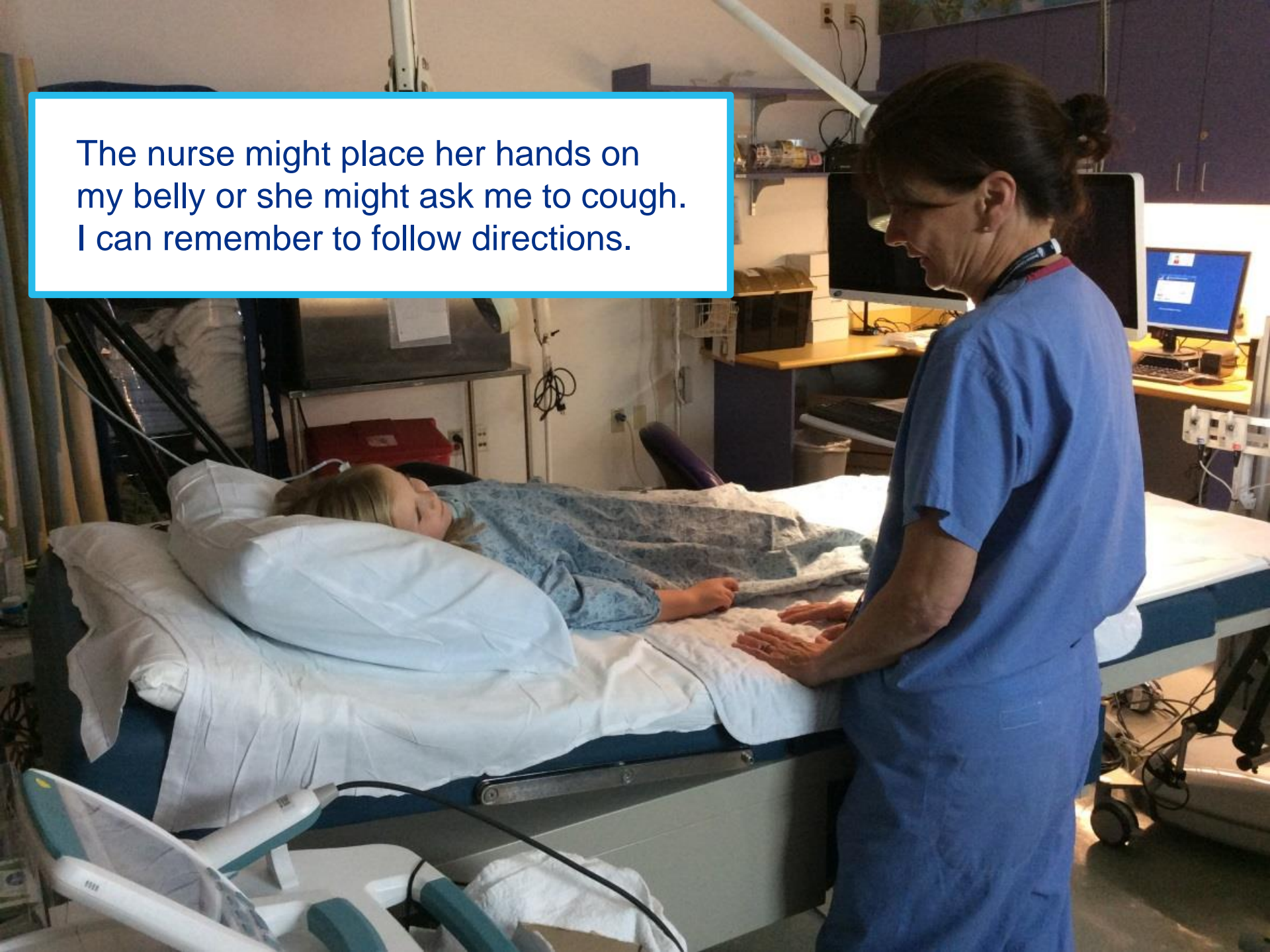




While I'm resting, a doctor might come in and talk to my parent or the nurse.

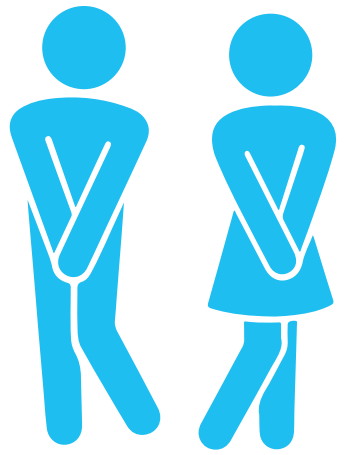


The nurse might place her hands on my belly or she might ask me to cough. I can remember to follow directions.

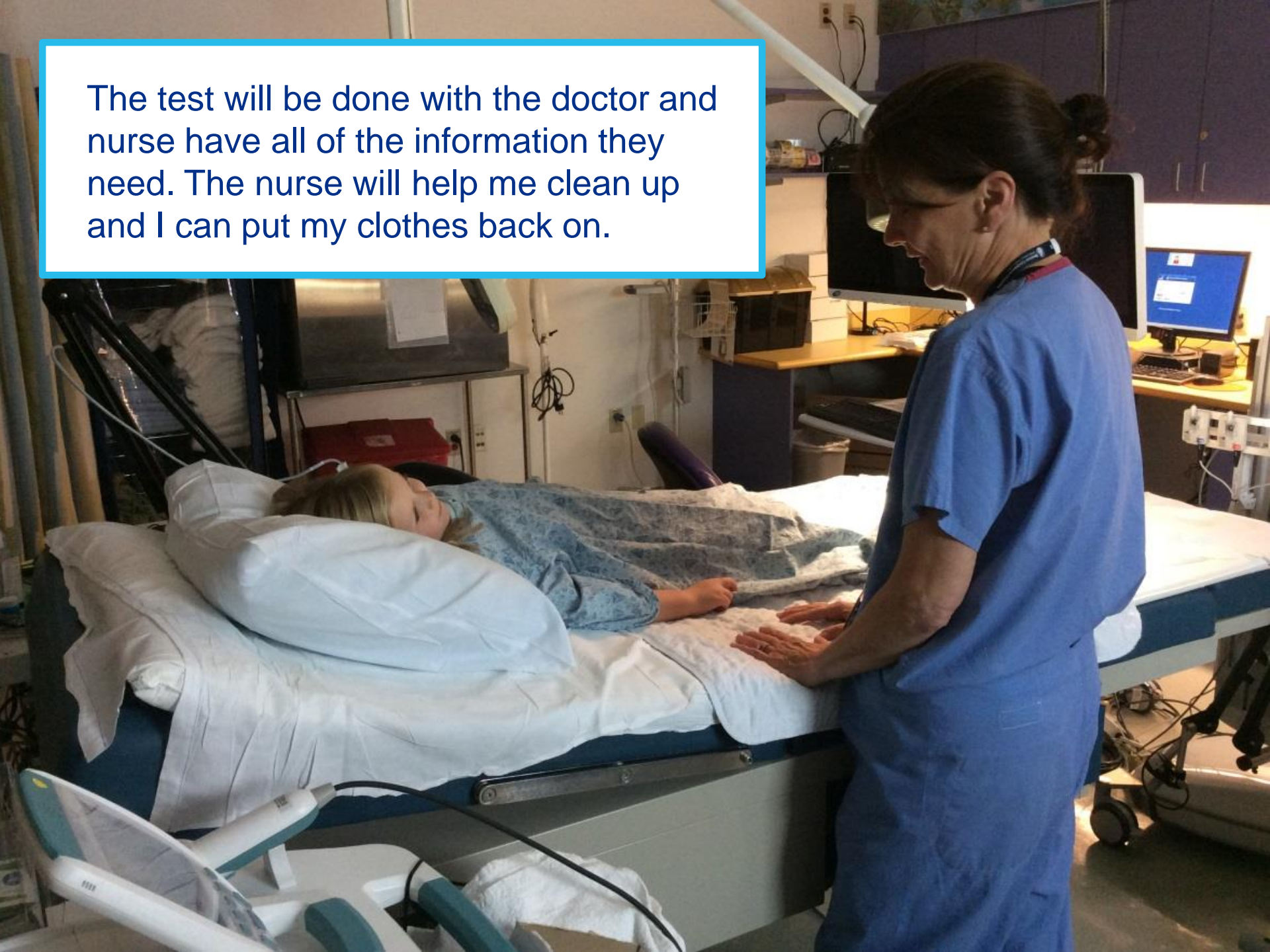




When the test is almost done, I might feel like I need to pee. The nurse might ask me to pee while I'm on the bed. This might be different, but it's OK.



The test will be done with the doctor and nurse have all of the information they need. The nurse will help me clean up and I can put my clothes back on.







I'm all done with my test. I can pick a prize and everyone will be so proud of me!



## **Developed By:**

Autism Spectrum Center, Urology Clinic &  
Child Life Services